## **Sermon Notes**

## **ANGER**

Steve Poe | Breakthrough | January 29, 2023

People with understanding control their anger; a hot temper shows great foolishness. (Proverbs 14:29 NLT)

1. Identify the source of your
2. Learn to before you
3. Get some
4. Let go of
5. Practice
Bear with each other and forgive one another if any of you has a grievance agains someone. Forgive as the Lord forgave you. (Colossians: 3:13 NIV)
6. Give your anger an
7. Rely on







