



# OVERFLOW

STUDY GUIDE

WEEK 5  
**THE FUTURE**

# OVERFLOW

## INTRODUCTION

*For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.*

**Timothy 1:7 NIV**

How do you approach the future? Are you prepared for every possible scenario? Are you afraid of what tomorrow may bring? Or are you wishing today away in hopes of a better tomorrow? As a Spirit-filled Christ-follower you don't have to fear the future. God is just as sovereign over your future as he is over your present circumstances. And you don't have to wait for things to change before you can experience an abundant life. Our objective shouldn't be to control our future, but to trust the strong and capable love of our Heavenly Father who promised to be with us each step of the way.

## DISCOVER

Below you will find questions for use in your own personal study, Bible study, neighborhood gathering, or dinner table with family and friends. Record your answers to help you reflect on and share the things God is teaching you.

Read: Matthew 6:25-34

What have you been worried about lately?

What are we to learn from the flowers of the field and birds of the air? How do we know God is trustworthy?

What does verse 32 tell us about God? How should this change the way we approach God about our needs?

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## DISCOVER

According to verse 33, what is the antidote of worry? What are some practical ways you can seek God's kingdom first this week?

Read: James 4:13-17

What does James warn us against in this passage?

How can making plans for our future limit our willingness to follow the Holy Spirit's guidance?

What steps can we take to ensure our expectations are aligned with God's?

How does James define sin in verse 17? What is the difference between doing wrong and not doing what we know to be right?

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## PRAY

Seeking and listening to God in prayer are vital to our relationship with him. Take a moment to encounter God in prayer before you conclude your study.

Begin by thanking God for his continued provision for you. Pray about your future, but rather than making plans and asking God to bless them, spend an extended time listening for him to reveal his plans for your future. Conclude your prayer time by reading Philippians 1:6.

## ACT

The best thing you can do to grow in your relationship with Jesus this week is to put into practice the discoveries you've made during your study.

Determine a way to seek God's kingdom first this week. Prayerfully identifying one area of life (time, finances, marriage, work, spiritual growth, etc.) in which you desire to become more faithful. Consider a simple step of obedience such as volunteering with a local ministry, serving at church, giving sacrificially, praying with your spouse, sharing your faith, helping a neighbor, or waking up earlier to read Scripture and pray. Whatever you decide, make it your priority to connect with God as you go about your task.

## WEEKLY SCRIPTURE READING

Filling our hearts and minds with the Word of God enables us to discern what is right and true. Use these additional scripture passages to continue your study this week.



**YOUVERSION** DAYS 29-35

☐ 2 Timothy 1:7

☐ John 13:37-38

☐ 1 Peter 5:6-9

☐ Proverbs 3:5-6

☐ John 14:1-4

☐ Psalm 37:1-40

☐ 1 Samuel 23:1-18

☐ John 18:15-27

☐ Matthew 6:9-13

☐ Deuteronomy 34:1-6

☐ John 21:15-17

☐ Philippians 1:19-30

☐ Matthew 6:25-34