



# OVERFLOW

STUDY GUIDE

WEEK 1

**INVITATION  
TO THE NEW  
NORMAL**

# OVERFLOW

## WELCOME

*“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”* **Romans 15:13 NIV**

For the next 13 weeks we will explore how following Jesus and being filled with the Holy Spirit impacts our lives and the lives of the people around us. Being a follower of Jesus means much more than being a worshipper or admirer of Jesus - it means participating in the story he is telling and letting Jesus continue his work and mission through you.

## INTRODUCTION

*On the last day of the festival, the great day, while Jesus was standing there, he cried out, “Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, ‘Out of the believer’s heart shall flow rivers of living water.’”* **John 7:37-38 NRSV**

Are you thirsty? Do you want to be so filled with hope and peace that your life overflows to those around you? That’s exactly what Jesus wants for you. The beauty of Jesus’ offer is that he extends it anyone who is thirsty.

## DISCOVER

Below you will find questions for personal, small group or dinner table study with family and friends. Record your answers to help you reflect on and share the things God is teaching you.

Read: Acts 1:4-8

The Holy Spirit can be a mysterious and misunderstood member of the Trinity. What is your understanding of the Holy Spirit’s work and purpose?

Jesus said, “You will receive power when the Holy Spirit has come upon you.” Why do you think the Holy Spirit is typically associated with power? How is this power different than worldly power?

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## DISCOVER

What thoughts come to mind when Jesus says this power is in you? Have you experienced the Holy Spirit's power in your life?

How would your life be different if you consistently operated in the power of the Holy Spirit? How would those around you be impacted?

Read: John 4:4-26

How do you think the Samaritan woman felt as she interacted with Jesus? How did you feel in your first encounter with Jesus?

Have you experienced the “living water” that Jesus offers the woman? Are you still looking to a source other than Jesus to satisfy you? How so?

How was the Samaritan woman treated in her community? Who is being overlooked or mistreated in our society today? How can you interact with, or even serve, these people?

## PRAY

Seeking and listening to God in prayer are vital to our relationship with him. Take a moment to encounter God in prayer before you conclude your study.

Pray for the Holy Spirit to supply you with the power needed to follow Jesus each day of the next 13 weeks. Pray also for your small group and/or family to experience a season of renewal.

Finally, pray that Oak Hills Church would drink deeply from the well of “living water” in ways that overflow out into our city in undeniable ways.

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## ACT

The best thing you can do to grow in your relationship with Jesus this week is to put into practice the discoveries you've made during your study.

Authentic community is crucial to the core of Christianity. If you don't already belong to a small group, take the first step in connecting to a group by visiting [oakhillchurch.com/groups](http://oakhillchurch.com/groups) and completing the Join a Group form.

If you are a part of a group, take the next step to become more honest and authentic - let people truly see who you are.

Identify a ministry you can partner with this year to serve marginalized and hurting people groups in our city. Search opportunities at [oakhillchurch.com/local](http://oakhillchurch.com/local).

## WEEKLY SCRIPTURE READING

Filling our hearts and minds with the Word of God enables us to discern what is right and true. Use these additional scripture passages to continue your study this week.



**YOUVERSION** DAYS 1-7



John 7:37-39



Ezekiel 47:1-12



John 4:39-42



Hebrews 12:1-2



Acts 1:1-8



Psalm 34:1-22



Romans 15:13



John 16:5-12



2 Samuel 7:18-29



John 4:4-26