



OVERFLOW

STUDY GUIDE

WEEK 6
HOLY SPIRIT

OVERFLOW

INTRODUCTION

Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

Ephesians 5:18 NIV

God's plan is for us to live a victorious life energized by the Holy Spirit. The Bible describes the Holy Spirit as a comforter, intercessor, teacher, companion, and source of strength for the believer. Apart from the Holy Spirit it is impossible to live the Christian life. When we are filled with the Holy Spirit we will grow more and more into the likeness of Jesus, and experience ever closer companionship with him.

DISCOVER

Below you will find questions for use in your own personal study, Bible study, neighborhood gathering, or dinner table with family and friends. Record your answers to help you reflect on and share the things God is teaching you.

Read: Galatians 5:13-15

How does the biblical idea of freedom compare and contrast to our culture's definition of freedom?

Why is it so important that our freedom be guided by love?

How does being guided by love prevent us from "indulging the sinful nature?"

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DISCOVER

Read: Galatians 5:16-21

Have you ever desired to do good things, but felt enslaved to your sinful nature?

What's the result of living by the sinful nature?

What's the result of being led by the Spirit?

Read: Galatians 5:22-26

Why does Paul use fruit as a metaphor for the qualities produced in our lives by the Holy Spirit? How does the metaphor help us understand the spiritual life?

Practically speaking, how can you limit the deeds of your flesh and “keep in step” with the Spirit?

PRAY

Seeking and listening to God in prayer are vital to our relationship with him. Take a moment to encounter God in prayer before you conclude your study.

Ask God to help you pay greater attention to the Holy Spirit's leading in your life. Pray directly to the Spirit and express your desire for him to rule in your life.

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ACT

The best thing you can do to grow in your relationship with Jesus this week is to put into practice the discoveries you've made during your study.

Allow the Holy Spirit to overflow into the lives of those around you. Find a specific way you can use your freedom to lovingly serve someone else this week. Consider a simple random act of kindness toward a stranger, or intentionally humble yourself to serve someone in need.

Consider reading *Forgotten God* by Francis Chan to explore in greater depth the role of the Holy Spirit in the life of a Christian.

WEEKLY SCRIPTURE READING

Filling our hearts and minds with the Word of God enables us to discern what is right and true. Use these additional scripture passages to continue your study this week.



YOUVERSION DAYS 36-42

Ephesians 5:15-20

1 Corinthians 13:1-13

Matthew 7:15-20

Ephesians 3:14-21

1 John 4:7-21

John 15:5-8

1 Samuel 24:1-22

John 13:33-35

Psalm 36:1-12

John 1:1-18

Galatians 5:13-26

John 15:9-17