



WEEK 6

HIS WIND BENEATH MY WINGS

POWER

Power of God's
wind at our back.

PROMISE

The Holy Spirit serves as wind
to our backs and oxygen in our
lungs. Consequently, we can
rest from our work.

PRAYER

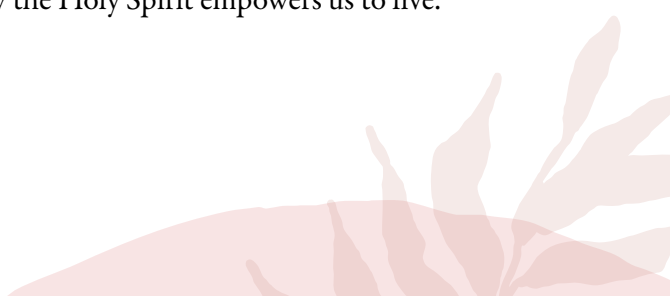
Carry me.

ROMANS 8:1-2 ESV

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.

CONSIDER

Have you ever driven through West Texas and seen the wind turbines spread across the plains? These mammoths harness the wind to generate electricity and power nearby homes and businesses. The wind helps sustain life in these communities. The Holy Spirit does the same for each of us. The Spirit blows into our lives, renewing our hearts and bringing life to our souls. Let's spend some time exploring how the Holy Spirit empowers us to live.





PRAY

Sit in silence before God. Focus on your breathing and consider the life-giving power of each breath. Thank the Holy Spirit for the gift of life and for the power to live a renewed life.

Holy Spirit, you are the breath of God. You've brought order to chaos, life to dust, freedom to slaves, truth to the deceived, and peace to the fearful. I don't understand the vastness of our power, but I worship you as the personal and powerful presence of God with me today. Amen.

DISCOVER

Read: [John 20:19-23](#)

Twice in this passage Jesus repeats the phrase, "Peace be with you." Of all the words Jesus could have spoken to the disciples, why do you believe Jesus chose this phrase?

What did Jesus remind the disciples of before he breathed on them?

Why would Jesus breathe on them? How does the Holy Spirit renew the lives of the disciples at this moment? How does this encourage you?

What connection do you see between breathing in the Holy Spirit, receiving and giving forgiveness, and having peace?

Why did the disciples need the Holy Spirit for their future kingdom work?



ACT

Dig a little deeper into the majesty and ministry of the Holy Spirit. Watch this short video from *The Bible Project* for an overview of how the Holy Spirit is described throughout the Bible. <http://bit.ly/HolySpiritVideo>

PRAY

Reflect on how God has been the wind in your life this week. Thank God for the Holy Spirit, the wind that propels your thoughts, will, and emotions. Ask him to restore the things in your life that have been dry and desolate. Allow him to breathe new life and new revelation into those places as he prepares you for his divine purposes.

READ



YOUVERSION Days 36-42

Genesis 1:1-2

Genesis 8:1

Psalms 104:24-35

Zechariah 4:1-6

Romans 5:1-5

Psalms 143:1-12

John 3:1-8

John 20:19-31

Romans 8:1-17

Ephesians 3:14-21