



# Spiritual Practices

## Scripture Memorization

### Why Spiritual Practices

The all-powerful God of the universe, who knows all things and holds all things together, has made himself known to us. More than that, he's made himself available to us. As Christians, we respond to the availability of God as we engage in activities called spiritual practices.

Spiritual practices are how we nurture our personal relationship with God. We pray when we want to talk with or hear from God. We read his Word to encounter him and learn of the things he's done. Scripture memorization is another vital practice for the follower of Christ.

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### Why Memorization

The accessibility of the Bible can lead us to think that we don't need to memorize it. While it may be at our fingertips, that does not mean it is always in our hearts. When we memorize God's Word, he uses it to transform our hearts.

Memorized Scriptures are powerful time-release capsules that we employ during seasons of difficulty. They are guardrails that provide wisdom when we're in treacherous situations. They are reminders of what is true when we're tempted to believe lies about ourselves, God, or others.

*I have **hidden your word in my heart** that I might not sin against you.*

Psalm 119:11 NIV

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### What to Memorize

God's Word is powerful, and he will use any verses you memorize to shape your heart.

Pray and ask him for a specific verse meaningful to this season in your life.

Use the Topical Memory System to memorize key Bible passages related to relevant topics.

Select Scriptures that align with a daily reading plan, Bible study, or sermon series.

# Memorization Tips

*We remember what we learn...*

- over time.* Be consistent. The keys to memorization are repetition and persistence.
- through habits.* It helps to have a system. Set aside time each day to memorize and review what you’ve memorized.
- creatively.* Say it out loud. Make flashcards. Use an app like Bible Memory. Incorporate music. Write the first letter of each word somewhere prominent and review it throughout your day. Turn your verse into a prayer.
- together.* Find a partner. Invite a friend to memorize with you! Having someone else memorizing with you will provide the motivation you need to see it through.
- through application.* The goal of Scripture memory is for our hearts and minds to be formed and renewed by the power of God’s Word. Learning the text by heart is secondary; taking the text to heart is primary.

*Do not merely listen to the word, and so deceive yourselves. **Do what it says.***  
James 1:22 NIV

*Pray* Ask the Holy Spirit to help you plant biblical truths into your heart and mind so that you are ready to respond faithfully in any situation.

Learn more about Spiritual Practices at  
[oakhills.church/spiritualpractices](https://oakhills.church/spiritualpractices)